

TACO SOUP

Source: Mollie Huelskamp

You can use beef, but it's really good with chicken & probably healthier.

INGREDIENTS:

1 lb chopped chicken
1 med onion chopped OR 1 C frozen diced onion
1 can corn, un-drained
3 cans chili beans, un-drained
1 small can diced chilis, un-drained
1 can petite diced tomatoes, un-drained
1 can tomato sauce
1 can black beans, drained
1 - 1 1/2 C chicken broth
1 pkg taco seasoning
1 pkg dry ranch dressing
Tortilla chips (for garnish)
Shredded cheddar (for garnish)
Sour cream (for garnish)
Avocado (for garnish)
Diced tomatoes (for garnish)
Asiago Cheese bread (optional)

DIRECTIONS:

Cook chicken. Sauté Onion. Add rest of ingredients (rinse & drain only the black beans).
Add Chicken Broth to get desired consistency.

Serve with tortilla chips, shredded cheddar, sour cream, avocado, diced tomatoes.

Also great with Asiago Cheese bread.