

## **Chili Lover's Chili (for 8)**

*Thanks to Tupperware you can make this chili & freeze it for up to 4 months.*

Recipe Cookbook: Tupperware Recipes

Chapter: Tupperware.com

Prep Time: 5 minutes

Cooking Time: 8-10 minutes

### **INGREDIENTS:**

2 onions, finely chopped	3 garlic cloves, minced
1 1/2 lbs lean ground beef	1 tsp salt
1 tsp pepper	2 TBS chili powder
2 tsp hot pepper sauce	1 tsp ground cumin
1 can (28 oz) whole tomatoes in juice	1 can (12 oz) non-alcoholic beer
2 cans (15-16 oz each) red kidney beans - OR 1 can (15 oz) kidney beans +	1 can (15 oz) black beans, rinsed & drained

### **DIRECTIONS:**

In large saucepan sprayed with nonstick cooking spray, over medium heat, cook onions & garlic. Add beef; cook over high heat, until browned, stirring frequently. Stir in salt, pepper, chili powder, hot pepper sauce, cumin, tomatoes & beer; bring to boil; reduce heat; simmer about 2 hours. Remove from heat; stir in beans.

*Cool slightly, then transfer to Rock 'N Serve™ Mega Deep round container, or 4 Rock 'N Serve™ Shallow round containers. Apply seals with rocker vents closed. Freeze up to 4 months or refrigerate up to 5 days.*

*To serve Mega Deep from freezer, rock vent to open. Defrost (30% power) 18-22 minutes, till mixture is stirrable; stir. Re-apply seal with vent open; microwave on Medium High (70% power) 10-14 minutes, till heated through. To serve Mega Deep from refrigerator, rock vent to open. Microwave on Medium High (70% power) 14-18 minutes, till heated through. To serve Shallow round from freezer, rock vent to open. Defrost 12-16 minutes till stirrable; stir. Re-apply seal with vent open & heat on Medium High (70% power) till heated through. To serve Shallow round from refrigerator, rock vent to open; heat on Medium High (70% power) 6-9 minutes, till heated through.*