

ORANGE BEETS

SOURCE: PRUDENTIAL LIFESTYLES COOKING (Eileen Wirtz, Evanston IL)

INGREDIENTS:

1 1-lb can (2 C) whole or sliced beets
3 TBS sugar
1 1/2 tsp cornstarch
1 tsp salt
1 TBS butter
1/2 C orange juice

DIRECTIONS:

Heat beets. Meanwhile, in small saucepan, combine sugar, cornstarch & salt. Add butter - blend over low heat - slowly stir in orange juice - cook & stir till thick. Pour sauce over hot drained beets.