

HOT SHREDDED BEETS

SOURCE: It's a Secret Cookbook (each recipe has a secret/special ingredient)
The sweet & sour taste compliments meats, especially pork & poultry.

INGREDIENTS:

4 TBS real butter
4 C shredded cooked beets (steamed or boiled only till barely tender)
4 TBS all purpose flour
1 TBS granulated sugar
1 tsp salt
1 TBS red wine vinegar
1/2 C SOUR CREAM (this recipe's secret)

DIRECTIONS:

Melt butter in saucepan. Add shredded beets. Stir in flour, sugar & salt. Add vinegar & SOUR CREAM. Heat thoroughly - do NOT boil.