

ORANGE & GRAPEFRUIT SALAD

SOURCE: PRUDENTIAL'S LIFESTYLES COOKING (Amy McGhee, Flint MI)

INGREDIENTS:

1 orange (or mandarin orange), pared & sectioned

1 grapefruit, pared & sectioned

Crisp salad greens

1/4 C currant (or cranberry) jelly

2 TBS oil & vinegar dressing

Maraschino cherries (optional)

DIRECTIONS:

Arrange orange & grapefruit sections in pinwheel design on salad greens. Garnish with 1 or more maraschino cherries. Beat jelly & oil/vinegar dressing till smooth - pour over salad or serve on the side.

Yield: 2 servings