

Crisp Apple and Turkey Salad

Recipe Cookbook: America's Favorite Food Associations

Prep/Cook Time: 10 minutes

INGREDIENTS:

2 1/4 C turkey, cooked
2 C celery, diced
2 C Granny Smith apples, cored and diced
1/4 C golden raisins
2 TBS reduced-calorie mayonnaise
2 TBS low-fat plain yogurt
1/4 tsp nutmeg
1/4 tsp cinnamon
Salt & pepper to taste

DIRECTIONS:

In large bowl combine turkey, celery, apples & raisins.

In small bowl combine mayonnaise, yogurt, nutmeg & cinnamon; fold into turkey mixture.

Season to taste with salt & pepper.

Serves: 6