

Hamburger Stroganoff

Try this Stroganoff, which is a variation on the traditional favorite.

Recipe Cookbook: Houston Junior League Cookbook

Prep Time: 20 minutes Cooking Time: 15 minutes

INGREDIENTS:

1/2 C minced onion
1 clove garlic, crushed
1/4 C butter
1 lb ground beef
2 TBS flour
2 tsp salt
1/4 tsp pepper
1 can (8 oz) sliced mushrooms, drained
1 can condensed cream of chicken soup
1 C sour cream
2 TBS minced parsley
Rice, or Chinese noodles

DIRECTIONS:

Sauté onion and garlic in butter over medium heat - add meat and brown. Add flour, salt, pepper + mushrooms - cook 5 minutes. Add soup and simmer, uncovered, 10 minutes. Stir in sour cream - heat thoroughly. Sprinkle with parsley. Serve over rice or Chinese noodles.

NOTE: Meat mixture may be cooked early in the day. Do not add sour cream + parsley till reheating for serving.

Serves: 4