

Bacon Cheddar Meat Loaf

SOURCE: Dierbergs.com

INGREDIENTS:

1 C quick cooking oats
2 eggs, lightly beaten
1 can (8 oz) tomato sauce
1/4 C chopped onions
1 tsp garlic pepper
1 1/2 lbs ground round
6 slices bacon, cooked crisp/crumbled
4 oz (1 C) shredded cheddar cheese
1/4 C chili sauce

DIRECTIONS:

In large bowl, combine oats, eggs, tomato sauce, onion + garlic pepper - add ground round - mix gently just till combined. Pat half the mixture into bottom of 9 x 5 x 3" loaf pan coated with no-stick spray - sprinkle bacon + cheese over meat in pan - top with remaining meat mixture, pressing edges to seal filling. Bake in 350° F oven 1 hour. Remove from oven - spread chili sauce over top - bake 5 minutes longer. Let stand 10 minutes before serving.

Yield: 6-8 servings