

Crisco's® Sunday Supper Chicken Casserole (for 4)

Recipe Cookbook: Crisco® "We Cook" Cookbook

Prep Time: 15

Cooking Time: 40 minutes

INGREDIENTS:

1/4 C CRISCO shortening
2 chicken breasts, spilt (2 pounds)
1 C evaporated milk
2 TBS honey
1 tsp salt
1/4 tsp nutmeg
1/8 tsp allspice
1 can (16 oz) sweet potatoes in syrup, drained

DIRECTIONS:

Heat oven to 350°F. Grease 2-quart baking dish. Heat Crisco to 365° F in electric skillet or medium-high heat in large heavy skillet. Add chicken breasts. Fry until golden brown. Turn as needed for even browning. Drain on paper towels. Arrange chicken in baking dish.

Combine milk, honey, salt, nutmeg and allspice in small bowl. Stir to blend. Pour over chicken. Bake 10 minutes at 350° F - remove from oven. Arrange sweet potatoes around chicken. Spoon sauce over chicken & potatoes. Return to oven. Bake 30 minutes or till chicken is tender.