

## **EASY MEATLOAF**

**SOURCE:** It's a Secret Cookbook (each recipe has a secret/special ingredient)

### **INGREDIENTS:**

1 1/2 LBS lean hamburger meat  
1 egg  
1 small jar PICANTE SAUCE (this recipe's secret)  
2 carrots, grated  
1/2 large yellow or white onion, grated or minced

### **DIRECTIONS:**

Mix all ingredients together. Bake at 350° F for approximately one hour. This meatloaf is delicious hot or cold/sliced for sandwiches.

[JWF's secret: add 1/3 - 1/2 green pepper, sliced into small pieces]