

Beef and Asparagus Stir-Fry

Recipe Cookbook: Nestle® Very Best Meals

Prep Time: 15 minutes

Cooking Time: 15 minutes

INGREDIENTS:

1/2 C water
2 TBS lite soy sauce
3 cups hot cooked rice
2 tsp MAGGI® Instant Beef Bouillon
2 tsp cornstarch
1 TBS vegetable oil
1 lb asparagus, fresh, cut into 2" pieces
12 oz boneless beef sirloin, trimmed & thinly sliced
1 small yellow red or green bell pepper
1 onion
1/2 C carrot strips
2 C mushrooms, fresh
2 green onions, sliced

DIRECTIONS:

COMBINE water, soy sauce, bouillon & cornstarch in small bowl. Heat oil in large skillet. Add asparagus, beef, bell pepper, onion & carrot - cook, stirring frequently till beef is no longer pink.

ADD mushrooms and green onions; cook until tender. Stir in soy sauce mixture - cook, stirring constantly till sauce comes to a boil & thickens. Serve over rice - season with ground black pepper.

Serves: 4