

RASPBERRY RICE PUDDING

Source: **QUICK COOKING** July/August 2001 (Jennifer Eggebraaten, Hastings MI)

Cook/Prep Time: 15 minutes or less

INGREDIENTS:

1 1/2 C whipping cream
1/4 C sugar
3/4 tsp vanilla extract
1 1/2 C cold cooked rice
1/3 C seedless raspberry jam
4 drop red food coloring (optional)
1 C fresh raspberries

DIRECTIONS:

In mixing bowl, beat cream, sugar & vanilla till soft peaks form - stir in rice, jam & food coloring - spoon into serving dishes - garnish with raspberries.

[If a sweetener like Equal were used + no-sugar or low-sugar jam were used, I wonder if the recipe would work - if it does, it should be fine for diabetics and people watching calories... JWF]

Serves: 4