

CINNAMON APPLE TAPIOCA

Source: Quick Cooking March/April 2002 (Dorothy Pritchett)

Prep/Cooking Time: less than 1 hour

INGREDIENTS:

4 medium tart apples, peeled/sliced	2 C water
1 C packed brown sugar	1/2 C quick-cooking tapioca
2 tsp lemon juice	1/2 tsp salt
1/4 tsp ground nutmeg	1 tsp cinnamon

DIRECTIONS:

Arrange apples in a 2 qt baking dish coated with nonstick spray. In saucepan, combine water, brown sugar, tapioca, lemon juice, salt, nutmeg & cinnamon - let stand 5 minutes. Bring to boil over medium heat, stirring constantly. Pour over apples. Cover & bake 30-35 minutes @ 350° F or till apples are tender. Serve warm.

Servings: 8