

## **APPLE SORBET**

Source: Lee Bailey's Soup Meals

### **INGREDIENTS:**

4 small tart apples, peeled/cored/quartered  
1 C water  
2/3 C sugar  
2 tsp lemon juice  
Calvados or other apple brandy (optional)  
Sugar cookies

### **DIRECTIONS:**

Place all ingredients except brandy in medium saucepan - simmer till apples are tender (about 10 minutes) - pureè in food processor & allow to cool. Freeze in ice-cream freezer according to manufacturer's directions. Make indentation in top of each serving with back of a spoon & fill with brandy. May be served with a sugar cookie, if desired.