

## **CRAB MEAT SPREAD**

**SOURCE: PRUDENTIAL'S LIFESTYLES COOKING (Audry Whitman, Rockville MD)**

### **INGREDIENTS:**

1 can drained crabmeat (7 oz)  
8 oz cream cheese  
2/3 TBS American or Cheddar cheese  
Dash salt  
Dash pepper  
Dash Worcestershire sauce  
1 small (or 1/4 large) grated onion  
Crackers, toasted bread or English muffins

### **DIRECTIONS:**

Blend crab meat & cream cheese well - add in other ingredients & blend into mixture - put onto crackers, bread pieces or English muffins - broil a couple of minutes - serve.